24 - Southpoint Sun Wednesday, November 3, 2021

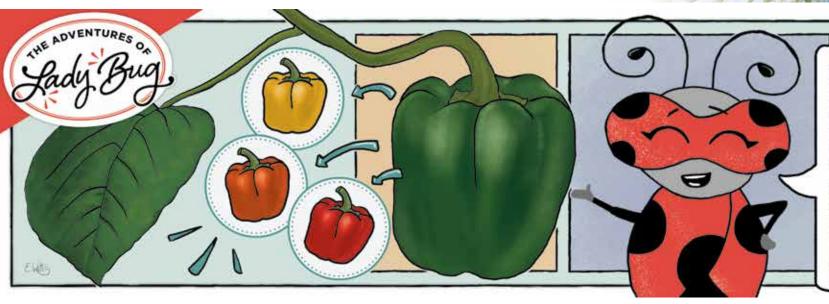


When you ask people where their food comes from, for many the first natural answer is, 'the grocery store.' However, we know that thanks to our farmers our store shelves have fresh nutritious food for Ontario's families to enjoy. These past two years have presented hardships, and there have been many questions surrounding food availability, price, and quality. In addition, the entire concept of dependencies and domino-effect of the "just-in-time" supply chains that we have perfected in the last 50 years is being tested in these unprecedented times. Although many industries are dealing with issues regarding their supply chain, the Ontario Greenhouse Vegetable Growers have been working diligently

to ensure that the delicious vegetables are ready for customers across Ontario and beyond.

Our increasing ability to grow year-round has made locally grown fruits and vegetables available, even in cold winter months. Growers and retailers are working together to ensure that safe and nutritious veggies are accessible to all in the present while continuing to create sustainable solutions for our future. There will of course likely be some difficulties along the way. But Ontario's farms and our farmers continue to work through these current challenges and always look for solutions in new and innovative ways. That's how we strive to be global leaders in Greenhouse Growing.





DID YOU KNOW?

Red, yellow & orange bell peppers all begin as green peppers, but are left to ripen further on the vine. As they ripen, they become sweeter which is why they have a milder and less bitter taste than green bell peppers.

Charity Spotlight:



Leamington, ON - After the sugar rush of Trick-or-Treating this past weekend, parents at some local Windsor-Essex elementary schools are thankful for community programs that provide healthy meals to students in their classrooms. Such is the case with Pure Flavor's® Adopt-a-School

program, which provides healthy snacking veggies on a regular basis to the area's schools, including St. Louis Elementary School in Leamington & Centennial Central in Comber.

Recognizing the importance of providing fresh food in classrooms to encourage healthy eating habits, Pure Flavor® began the initiative several years ago to help

grow healthy communities across North America. The greenhouse grower is a proud OGVG member headquartered in Leamington with operations in Michigan, Georgia, and Texas and the Adopt-a-School program has had a profound impact on each of these communities.

Pure Flavor's® Adopt-A-School program goes far beyond the donation of healthy vegetables. As a community partner dedicated to developing strong relationships with families in Windsor-Essex and beyond, the program also incorporates helpful and fun resources to help teach kids the value of healthy eating and learning. With downloadable activity sheets, kid-friendly recipes, and family-oriented blogs, Pure Flavor® is helping to grow healthy minds every day.



Pure Flavor® ©2021

COVID-19 **VACCINE** POP-UP **CLINICS**

November 4th & 11th 10am to 3pm

OR WHILE QUANTITIES LAST

BARRIER FREE HEALTH CARD



REFRESHMENTS PROVIDED

Ontario Greenhouse Vegetable 32 Seneca Road, Leamington

DOSES AVAILABLE



All Welcome













